

FOOD

FROM 11.00AM
GLUTEN FREE AVAILABLE

WHOLE FOODS TRAYS

FALAFEL, ROAST PUMPKIN, CARAMELISED ONION, CHARRED PEPPERS, GREEN CHILLI YOGHURT, NIGELLA SEEDS GF	16.5
SEARED HALOUMI, OVEN ROASTED VEGETABLES, TOASTED MIXED SEEDS, CARAMELISED VINAIGRETTE GF	16.5
TERIYAKI CHICKEN, WOMBOK SLAW, SPRING ONION, PICKLED CUCUMBER, CRISPY NOODLES, SESAME MAYO, SOY DRESSING GF	17
GRILLED CHICKEN, CHICKPEAS, FETA, TOMATO, CAPSICUM, CUCUMBER, KALAMATA OLIVES, LEMON & OREGANO DRESSING GF	17
HOUSE SMOKED SALMON, ANCIENT GRAIN AND BROCCOLI SALAD, NUTS AND SEEDS, AVOCADO	18

SEAFOOD TRAYS

SALMON POKE, PONZU, WASABI MAYO, FURIKAKE SEASONING, NORI, EDAMAME, BROWN RICE GF	16
TUNA POKE, GINGER, SHALLOTS, SESAME, PICKLED DAIKON, EDAMAME, SOY & GINGER MAYO, MACADAMIA NUTS, BROWN RICE GF	16
KING FISH POKE, COCONUT, LIME, CHILLI PINEAPPLE, CORIANDER, CRISPY SHALLOTS, BROWN RICE GF	16.5
TRADITIONAL FISH & CHIPS	14
GRILLED FISH, CHIPS, GREENS GF	15
SQUID RINGS, CHIPS	14.5
GRILLED SALMON STEAK, MIXED GREENS, WASABI MAYO, BROWN RICE GF	19.9
SEAFOOD BASKET, CHIPS	19.9

MORE

HALOUMI BURGER, GRILLED MUSHROOM, SPINACH, TOMATO RELISH GF	12
FISH TACOS, GUACAMOLE, TOMATO SALSA, CILANTRO SLAW, LIME YOGHURT DRESSING, GF	14
CANTEEN BURGER, ANGUS BEEF PATTIE, ICEBURG, CHEESE, FRIED ONION, TOMATO GF	14.5
CHICKEN KATSU BURGER, CUCUMBER, WOMBOK SLAW, KOREAN BBQ SAUCE	14

KIDS

FISH & CHIPS GF	9
SALAD WRAP	7.5
SQUID & CHIPS	8
SAUSAGE ROLL	6


EXTRAS

SIDE SALAD	5
KALE	3
BROWN RICE	2.5
CHIPS	6

CANTEEN

364 WEST COAST DRIVE, TRIGG WA

OPEN 7 DAYS 08 9447 0077

 CANTEENTRIGG

 @CANTEENTRIGG

BREAKFAST

6.30AM-11.00AM

GLUTEN FREE AVAILABLE

BREAKFAST TRAYS

EGGS, POACHED OR SCRAMBLED, TOAST <small>GFO</small>	10
SMASHED AVOCADO, PERSIAN FETA, DUKKAH, WHOLEMEAL SOURDOUGH TOAST ADD 2 POACHED EGGS <small>GFO</small>	14.5 +4
CHARRED MUSHROOMS, EGGS POACHED OR SCRAMBLED, MIXED GRAINS, KALE, SOURDOUGH TOAST <small>GFO</small>	16.5
HONEY GLAZED HAM, EGGS POACHED OR SCRAMBLED, CHERRY TOMATOES, SPINACH LEAVES, SOURDOUGH TOAST <small>GFO</small>	17
MAPLE CURED BACON, EGGS POACHED OR SCRAMBLED, POTATO GEMS, BLISTERED ROMAS, TOMATO WHIP, SOURDOUGH TOAST <small>GFO</small>	17.5
HOUSE SMOKED SALMON, EGGS POACHED OR SCRAMBLED, BEETROOT CRUNCH, KALE, SOURDOUGH TOAST <small>GFO</small>	18

MORE

BACON & EGG BRIOCHE ROLL <small>GFO</small>	10
CROISSANT, HONEY GLAZED HAM, CHEDDAR, TOMATO	10
GRILLED BANANA BREAD, COCONUT BUTTER, PINEAPPLE CHUTNEY	12
HOTCAKES, BERRY COMPOTE, MASCARPONE WHIP	13

BOWLS

BERRY SMOOTHIE BOWL, MIXED BERRY, BANANA, COCONUT, FRESH FRUIT, GRANOLA <small>GFO</small>	12
MANGO SMOOTHIE BOWL, MANGO, BANANA, LIME, COCONUT WATER, CHIA, FRESH FRUIT, GRANOLA <small>GFO</small>	12
COCONUT CHIA BOWL, DRIED APRICOTS, ALMONDS, CACAO NIBS, FRESH ORANGE <small>GFO</small>	12
HANDMADE CRUNCHOLA, DEHYDRATED RASPBERRIES, GREEK YOGHURT, ALMOND MILK <small>GFO</small>	12

KIDS

HOTCAKE, SYRUP	7
YOGHURT BOWL, FRUIT, CRUNCHOLA SPRINKLES <small>GFO</small>	7
GRILLED BANANA BREAD, COCONUT BUTTER	8
SCRAMBLED EGGS, TOAST	8

EXTRAS

BACON	4
AVOCADO	5
KALE	3
POTATO GEMS	4