

FOOD

FROM 11.00AM

GLUTEN FREE AVAILABLE
PLEASE SEE CANTEEN POLICY

WHOLE FOODS TRAYS

SEARED HALOUMI, OVEN ROASTED VEGETABLES, TOASTED MIXED SEEDS, CARAMELISED VINAIGRETTE GF	16.5
FALAFEL, SPICED SWEET POTATO, CHARRED PEPPERS, KALE, CHICKPEAS, ROASTED ONION, TOASTED MIXED SEEDS, GREEN CHILLI YOGHURT GF	16.5
TERYAKI CHICKEN, WOMBOK SLAW, SPRING ONION, PICKLED CUCUMBER, CRISPY NOODLES, SESAMIE MAYO, SOY DRESSING GF	17
GRILLED CHICKEN, CHICKPEAS, FETA, TOMATO, CAPSICUM, CUCUMBER, KALAMATA OLIVES, LEMON & OREGANO DRESSING GF	17
HOUSE SMOKED SALMON, ANCIENT GRAIN AND BROCCOLI SALAD, NUTS AND SEEDS, AVOCADO	18

SEAFOOD TRAYS

SALMON POKE, PONZU, WASABI MAYO, FURIKAKE SEASONING, NORI, EDAMAME, BROWN RICE GF	16.5
TUNA POKE, GINGER, SHALLOTS, SESAME, PICKLED DAIKON, EDAMAME, SOY & GINGER MAYO, MACADAMIA NUTS, BROWN RICE GF	16.5
KING FISH POKE, COCONUT, LIME, CHILLI PINEAPPLE, CORIANDER, CRISPY SHALLOTS, BROWN RICE GF	16.5
TRADITIONAL FISH & CHIPS	14.5
GRILLED FISH, CHIPS, GREENS GF	15.5
SQUID RINGS, CHIPS	14.5
GRILLED SALMON STEAK, MIXED GREENS, WASABI MAYO, BROWN RICE GF	19.9
SEAFOOD BASKET, CHIPS	19.9

MORE

HALOUMI BURGER, GRILLED MUSHROOM, SPINACH, TOMATO RELISH GF	12
FISH TACOS, GUACAMOLE, TOMATO SALSA, CILANTRO SLAW, LIME YOGHURT DRESSING, GF	14
CANTEEN BURGER, ANGUS BEEF PATTIE, ICEBURG, CHEESE, FRIED ONION, TOMATO GF	14.5
CHICKEN KATSU BURGER, CUCUMBER, WOMBOK SLAW, KOREAN BBQ SAUCE	14

KIDS

FISH & CHIPS GF	9
SALAD WRAP	7.5
SQUID & CHIPS	8
SAUSAGE ROLL	6



EXTRAS

SIDE SALAD	5
KALE	3
BROWN RICE	2.5
CHIPS	6

CANTEEN

364 WEST COAST DRIVE, TRIGG WA

OPEN 7 DAYS 08 9447 0077

 CANTEENRIGG  @CANTEENRIGG

BREAKFAST

6.30AM TO 11.00AM

GLUTEN FREE AVAILABLE
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BREAKFAST TRAYS

EGGS, POACHED OR SCRAMBLED, TOAST <small>GFO</small>	10
SMASHED AVOCADO, PERSIAN FETA, DUKKAH, WHOLEMEAL SOURDOUGH TOAST ADD 2 POACHED EGGS <small>GFO</small>	14.5 +4
CHARRED MUSHROOMS, EGGS POACHED OR SCRAMBLED, MIXED GRAINS, KALE, SOURDOUGH TOAST <small>GFO</small>	16.5
BAKED HAM OFF THE BONE, EGGS POACHED OR SCRAMBLED, CHERRY TOMATOES, SPINACH LEAVES, SOURDOUGH TOAST <small>GFO</small>	17
MAPLE CURED BACON, EGGS POACHED OR SCRAMBLED, POTATO GEMS, BLISTERED ROMAS, TOMATO WHIP, SOURDOUGH TOAST <small>GFO</small>	17.5
HOUSE SMOKED SALMON, EGGS POACHED OR SCRAMBLED, BEETROOT CRUNCH, KALE, SOURDOUGH TOAST <small>GFO</small>	18

MORE

BACON & EGG BRIOCHE ROLL <small>GFO</small>	10
CROISSANT, HONEY GLAZED HAM, CHEDDAR, TOMATO	9
GRILLED BANANA BREAD, COCONUT BUTTER, PINEAPPLE CHUTNEY	12
HOTCAKES, BERRY COMPOTE, MASCARPONE WHIP	13

BOWLS

BERRY SMOOTHIE BOWL, MIXED BERRY, BANANA, COCONUT, FRESH FRUIT, GRANOLA <small>GFO</small>	14
MANGO SMOOTHIE BOWL, MANGO, BANANA, LIME, COCONUT WATER, CHIA, FRESH FRUIT, GRANOLA <small>GFO</small>	14
APPLE BIRCHER MUESLI, YOGHURT, FRESH FRUIT, CANDIED WALNUTS	14
HANDMADE CRUNCHOLA, DEHYDRATED RASPBERRIES, GREEK YOGHURT, ALMOND MILK <small>GFO</small>	12.5

KIDS

HOTCAKE, SYRUP	7
YOGHURT BOWL, FRUIT, CRUNCHOLA SPRINKLES <small>GFO</small>	7
GRILLED BANANA BREAD, COCONUT BUTTER	8
SCRAMBLED EGGS, TOAST	8

EXTRAS

BACON	4
AVOCADO	5
KALE OR SPINACH	3
POTATO GEMS	4
MUSHROOMS	3