

BREAKFAST

6.30AM-11.00AM

GLUTEN FREE AVAILABLE

BREAKFAST TRAYS

EGGS, POACHED OR SCRAMBLED, TOAST	10
SMASHED AVOCADO, PERSIAN FETA, DUKKAH, WHOLEMEAL SOURDOUGH TOAST	12.5
CHARRED FIELD MUSHROOMS, EGGS POACHED OR SCRAMBLED, MIXED GRAINS, KALE, SOURDOUGH TOAST	15
BAKED HAM OFF THE BONE, EGGS POACHED OR SCRAMBLED, CHERRY TOMATOES, SPINACH LEAVES, SOURDOUGH TOAST	16.5
MAPLE CURED BACON, EGGS POACHED OR SCRAMBLED, POTATO GEMS, BLISTERED ROMAS, TOMATO WHIP, SOURDOUGH TOAST	17
HOUSE SMOKED SALMON, EGGS POACHED OR SCRAMBLED, BEETROOT CRUNCH, KALE, SOURDOUGH TOAST	17

MORE

SMOOTHIE BOWL, MIXED BERRY, BANANA, COCONUT, FRESH FRUIT, GRANOLA	12
COCONUT CHIA BOWL, DRIED APRICOTS, ALMONDS, CACAO NIBS, ORANGE	12
HANDMADE CRUNCHOLA, DEHYDRATED RASPBERRIES, GREEK YOGHURT, ALMOND MILK	12
BACON & EGG BRIOCHE ROLL	10
GRILLED BANANA BREAD, COCONUT BUTTER, PINEAPPLE CHUTNEY	11
HOTCAKES, LEMON RICOTTA, SPICED PEARS	12

BAKERY BOX

ON DISPLAY

HOT BOX

ON DISPLAY

KIDS

HOTCAKE, SYRUP	7
YOGHURT BOWL, FRUIT, CRUNCHOLA SPRINKLES	7
GRILLED BANANA BREAD, COCONUT BUTTER	8
SCRAMBLED EGGS, TOAST	8

CANTEEN

364 WEST COAST DRIVE, TRIGG WA

OPEN 7 DAYS 08 9447 0077

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FOOD

FROM 11.00AM
GLUTEN FREE AVAILABLE

SALAD TRAYS

SEARED HALOUMI, OVEN ROASTED VEGETABLES, TOASTED MIXED SEEDS, CARAMELISED VINAIGRETTE	14
SOYA PUMPKIN, SOBA NOODLE, SHIMEJI MUSHROOM, GINGER, CRISPY LOTUS ROOT, EDAMAME, WASABI MAYO	14
GRILLED CHICKEN, BRAISED CHICKPEAS, FETA, TOMATO, CAPSICUM, CUCUMBER, LEMON, OREGANO DRESSING	16
CONFIT TUNA, GREEN BEANS, NEW POTATO, CHARRED CORN, SWEET PEPPERS, SMOKED PAPRIKA AIOLI	15
HOUSE SMOKED SALMON, MIXED ANCIENT GRAINS, RED APPLE, ALMOND, SOUSED CURRANTS, MOLASSES GLAZE	16

SEAFOOD TRAYS

SALMON POKE, PONZU, WASABI MAYO, FURIKAKE SEASONING, SEAWEED SALAD, BROWN RICE	15
SNAPPER POKE, SOYA & SRIRACHA, FRIED SHALLOTS, SPRING ONIONS, BROWN RICE	15
TUNA POKE, TERIYAKI GLAZE, PICKLED DAIKON, EDAMAME, BROWN RICE	15
KING FISH POKE, COCONUT, LIME, CHILLI PINEAPPLE, CORIANDER, BROWN RICE	15
TRADITIONAL FISH & CHIPS	12.5
GRILLED FISH, CHIPS, GREENS	14.5
SQUID RINGS, CHIPS	14.5
GRILLED SALMON STEAK, MIXED GREENS, WASABI MAYO, BROWN RICE	19.5
SEAFOOD BASKET, CHIPS	19

MORE

TEMPEH BURGER, PEANUT SATAY, PICKLED CUCUMBER, TOMATO, SPROUTS	12
FISH TACO, GUACAMOLE, YOGHURT, CILANTRO, LEAVES, LIME	13
CANTEEN BURGER, ANGUS BEEF PATTIE, ICEBURG, CHEESE, FRIED ONION, BEETROOT	14
BUTTERMILK CHICKEN BURGER, AIOLI, CHEESE, TOMATO, ONION, COS	14
TERIYAKI FISH BURGER, SESAME GINGER MAYO, PICKLED DAIKON, LETTUCE, NORI	14

KIDS

FISH & CHIPS	7
SALAD WRAP	7
SQUID & CHIPS	7
SAUSAGE ROLL	5

WHAT'S POKE?

PRONOUNCED "POH-KAY" ... IT'S A HAWAIIAN RAW FISH
SALAD WITH JAPANESE INSPIRED CONDIMENTS THAT'S
HEALTHY & DELICIOUS ... GOOGLE IT!